

SEXUAL HEALTH SERVICES

BHA services are free and confidential.

We offer:

- Free HIV + STI testing
- Free condoms
- Resources
- Health advice
- PrEP Referral

Help and advice

If you need support from a sexual health advisor, please contact us at pash@thebha.org.uk.

We can offer support and advice on:

- STIs / HIV
- Sexual health clinic appointments
- Condoms
- Contraception
- PrEP / PeP
- Healthy Relationships
- Menopause



FURTHER INFORMATION

ORDER FREE CONDOMS

www.thebha.org.uk/condoms



BHA deliver free condoms to your home address. There are 10 different types of condom to choose from.

FREE HIV & STI TESTING

www.thebha.org.uk/hivtesting



- Book an appointment for a HIV + STI test
- Order a home HIV test
- Click and Collect a free STI test

TRANSLATED HEALTH INFORMATION

www.thebha.org.uk/resources



You can find free health resources translated into different languages on our website.

The PaSH  Partnership
Passionate about Sexual Health across Greater Manchester



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BHA FOR EQUALITY

Sexual health services

BHA for Equality is a healthcare charity that supports Black, Asian and diverse ethnic communities in Greater Manchester.

SEXUAL HEALTH TESTING

BHA offer free and confidential health testing. Speak to a member of staff for more information.

What samples will you need for the test?

We will need to take different samples to complete the test.

To test for HIV, Hepatitis C, Hepatitis B and Syphilis:



We will take a small blood sample from your finger.

Test for Chlamydia and Gonorrhoea:



If you are a woman, you need to provide a swab of the vagina.



If you are a man, you need to provide a urine sample.

How will I receive my results?

Your test samples will be sent in the post to the 'Northern Sexual Health'. You should receive your results in 2-3 weeks via text.

If you have not received your results, please email ha.info@mft.nhs.uk

HEALTH INFORMATION



What is HIV?

HIV is a virus that can weaken the immune system if left untreated. There is no cure or vaccine for HIV. However, with early diagnosis, HIV is now a treatable and manageable condition.



How is HIV passed on?

HIV is found in blood, cum (semen), vaginal fluids, and breast milk. The most common ways of transmitting HIV are through unprotected (condomless) sex, sharing injecting equipment and to a child during birth or pregnancy.



Are there any symptoms of HIV?

Around one to four weeks after becoming infected with HIV, some people will experience symptoms that can feel like the flu.

How to know if you have HIV?

The only way to know if you have HIV is to have a HIV test.



What are STIs?

A sexually transmitted infection (STI) is an infection passed from one person to another person through sexual contact.



Do STIs have symptoms?

Most STIs don't show any symptoms, so the only way to know if you have one is to take an STI test.



Can STIs be cured?

Most STIs can be cured. Other STIs such as herpes and HIV, can't be cured. However, they can be treated effectively with the right medications.

How can I prevent STIs and HIV?

The best way to protect yourself from STIs and HIV is to use a condom when having sex. There is also medication that can protect against HIV:



PrEP – PrEP is a pill that you can take before having sex and will protect you against HIV. You can get PrEP from a sexual health clinic or **contact pash@thebha.org.uk to be referred.**



PEP – PEP is a pill you can take after having sex. It must be taken within 72 hours of sex. You can get PEP from A&E or a sexual health clinic.