

January-March 2025

Greater Manchester

BHA FOR EQUALITY

Newsletter

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Week



National HIV Testing Week 2025

From 10th – 16th March BHA for Equality participated in National HIV Testing week. An annual week long national campaign that aims to spread awareness and increase HIV testing across the country.

BHA

NATIONAL HIV TESTING WEEK 2025



National HIV Testing Week (NHTW) is an annual event to promote regular testing in England, particularly among groups most affected by HIV, such as people from minoritised ethnic backgrounds.



BHA partnered with HIV Prevention England (HPE) by sharing the I TEST campaign on social media and using HPE merchandise and resources when performing outreach in the community.

NHTW is a very important factor in ending all new HIV transmissions by 2030. Testing is the only way to reach people who have HIV and ensure that they not only access the care they need, but also ensure they do not transmit the virus to others. This can be easily achieved by becoming undetectable through medication.

I TEST CAMPAIGN

NHTW is promoted by the I TEST campaign, which uses merchandise, advertising materials, press and social media, to share empowering individual messages encouraging everyone to test.

The campaign features a diverse range of models and various reasons for testing, this allows for targeted messaging that appeals to many different audiences.



BOOK A HIV TEST
Free, Discreet, Quick,
Confidential



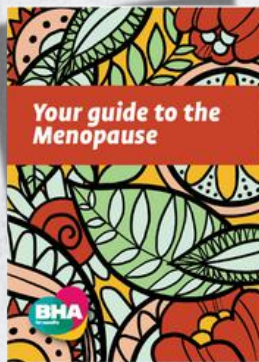
SMOKING CESSATION

March 12th marked National No Smoking Day. BHA continued efforts in the community to raise awareness of the benefits of stopping smoking, as well as the impact of smokeless tobacco and shisha.

BHA are offering brief interventions across Greater Manchester, encouraging our service users to self refer, or supporting service users with referrals to specialised local stop smoking services.



MENOPAUSE: TRANSLATED



Following the release of our Menopause booklet last year, we now have translated versions available in FOUR different languages; **Arabic, Urdu, Bengali and English.**

We believe that it is vital to be sharing this essential information with non-English speaking residents of Greater Manchester.

Language should never be a barrier to looking after your health and well being.



Scan the barcode to access **FREE** online **TRANSLATED** versions

To celebrate the launch of the new translated versions we had an online professional launch event.

Our sexual health leads introduced the guide, then our guest speakers Dr Alison Pye (Consultant in Public Health) and Sheni Ravji-Smith (Assistant Director of OD + Good Employment) spoke about their work with menopause; the event concluded with a Q+A session. Special thanks to everyone who attended and participated in these vital conversations about menopause.



BHA are now offering HOME FULL-SCREEN STI tests.

You can test for Chlamydia, Gonorrhea, Syphilis, Hepatitis B, Hepatitis C and HIV, all from home.

Scan the QR code to order a test

BHA FOR EQUALITY

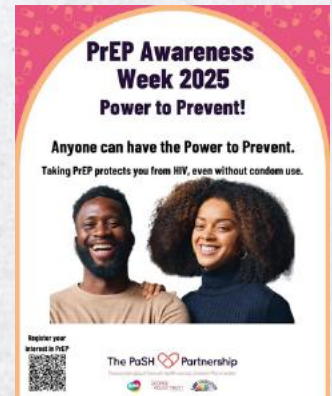
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PrEP AWARENESS WEEK 2025

The theme for PrEP Awareness Week 2025 was 'THE POWER TO PREVENT', highlighting the importance of taking ownership of your sexual health and how PrEP can empower individuals to protect themselves from HIV. BHA created a social media campaign to spread awareness about PrEP and its benefits. Throughout the week daily posts were shared using difference inclusive models to show that PrEP is for everyone and can benefit anyone that is HIV negative.

PrEP: A pill that can prevent HIV even if the individual has come into contact with the virus.

It can be taken by anyone who is HIV negative and is available for free on the NHS.



BHA organised group sessions with women from minoritised communities to discuss female empowerment and how it links with having control over sexual health. A good example of this is taking preventative measures, such as taking PrEP in order to protect oneself against HIV. Many women, especially in minoritised communities, are not aware that PrEP is available to them. Stigma and misinformation lead people to believe that it is for LGBTQ communities or that it even exists at all. One of the sessions was a collaging workshop where women created collages around the themes of empowerment and PrEP, whilst also discussing with other women in the group and to the session leaders.

WHAT'S COMING?!

Fast Track Cities Manchester May 2025

Manchester will host a fast track cities event as part of the global initiative to end all new transmissions by 2030. BHA will be attending and aiding in organising the event.

Men's Health Week 9th - 12th June 2025

BHA will be using The "S" Word podcast and social media to support men and advocate for open conversations about men's health.

Mind, Body and Soul Event June 2025

Explore the link between sex, mental and physical health.
Visit www.thebha.org.uk for more information.

Refugee Week 16th - 22nd June 2025

Refugee Week is the world's largest arts & culture festival celebrating refugee resilience. BHA will be attending events throughout the week sharing sexual health resources and testing.

BHA offer a completely FREE and DISCREET
Condom + Lube Delivery service

Scan the QR code to order



The PaSH Partnership
Passionate about Sexual Health across Greater Manchester

