

New Service coming to Wakefield

From October 2021, [Spectrum Community Health CIC](#) in partnership with [BHA for Equality](#) will be launching a range of non-clinical sexual health services across Wakefield. Spectrum will continue to deliver its clinical sexual health services through the Trinity Walk clinic, it's Relationship and Sex Education programmes and community clinical outreach.

BHA for equality in health and social care

BHA for Equality is a health and social care charity with over 30 years' experience in delivering sexual health and HIV support and prevention services. They currently provide HIV support and prevention services in Leeds and Greater Manchester, as well as a range of other health services across the North of England.

This is an exciting opportunity, and we are looking forward to delivering a range of existing and new services which will include:

HIV Prevention and Sexual Health Promotion

- Information, advice and support to improve and maintain good sexual health
- Training and group work to support knowledge, skills, and confidence in using prevention tools and a safe space to explore feelings and challenges

- Access to condoms, lube and safer sex resources
- HIV testing through regular community-based testing sessions and events-based pop-up clinics
- Peer support
- Training, workshops, and courses – a range of activities to support sexual health, safer sex and confidence in improvement, learn new skills.

Support for people living with HIV

- Emotional and practical support
- Counselling
- Information, advice and advocacy – supporting you to express your views and have your say
- Peer support groups
- Financial and debt support, including access to BHA's crisis fund
- Support for new mums including formula milk and bottle-feeding equipment
- Peer mentors
- Training to support healthy

living, learn new skills and meet new people

- Activities to improve physical and mental health such as arts and crafts, dance and empowerment sessions.

Relationship and Sex Education

Spectrum's Relationships and Sex Education (RSE) team provide lessons to young people – across Wakefield, Barnsley, Wigan and Leigh – and are experienced in developing and reviewing RSE/PSHE policies and provision.

Our RSE lessons equip young people with the knowledge and skills needed to make safer choices as they grow to adulthood including

- learning how to recognise and manage risk
- how to spot signs of healthy and unhealthy behaviours in relationships
- how to find support services which can help them protect their sexual health.

We'll be creating a bespoke service, co-designed by you!

We will be sharing further details in the coming weeks and months about these services and how you can get involved.

You can share your thoughts and suggestions now on how our services should be delivered by emailing pr@spectrum-cic.nhs.uk.

We are also planning some online and face-to-face meetings in September, so you can have the

opportunity to meet some of our staff and ask any questions about the services available from 1st October.

To keep up-to-date take a look at our website www.spectrumhealth.org.uk/services/sexual-health/wakefield/nonclinicalsexualhealthservices

If you have any questions, please contact pr@spectrum-cic.nhs.uk.

Learn more about BHA at thebha.org.uk or follow them on Twitter: [@BHAWakefield](https://twitter.com/BHAWakefield) [@the_BHA](https://twitter.com/the_BHA) [@BHALeeds skyline](https://twitter.com/BHALeeds skyline)